

VILLAGE VOICE

Fornham All Saints Village Magazine



Postcard from around 1913 showing the village hall with a flagpole.

June 2022 - July 2022

Issue No. 236

Fornham All Saints Parish Council

Paul Purnell (Chairman)	01284 763701
Enid Gathercole (Vice Chair)	01284 767688
Cathy Emerson	01284 700550
Hugo Greer - Walker	07309 045130
Don Lynch	07557277067
Jill Mayhew	01284 723588
Mat Stewart	01284 701099
Christine Mason (Parish Clerk)	07545 783987

Other Representatives

Rebecca Hopfensperger (District and County Councillor)	07876 683516
Sarah Broughton (District Councillor)	07929 305787
Jo Churchill (Member of Parliament)	01284 752311
Bury St Edmunds Police Station (Office)	01284 774105

Meetings

The Parish Council meets at 6:30 pm, on the third Tuesday of the following months: January, March, May, July, September and November. .

Website

<http://fornhamallsaints.suffolk.cloud>

Village Voice Online

<https://fornhamallsaints.suffolk.cloud/our-village/village-newsletter/>

The 'Village Voice' is published by Fornham All Saints Parish Council. Views and opinions expressed in this magazine are not necessarily accepted as being those of Fornham All Saints Parish Council.

The 'Village Voice' accepts all articles, notices and advertisements in good faith. We cannot be responsible for the content of any submissions, nor liable for the quality of goods or services advertised.

From the Chair

Your Parish Council met last week, and as will be seen from the Minutes published elsewhere in this issue, we were thin on the ground. For the Council to be quorate we need a third of the Councillors to be present, a third of eight is two and one third, there were three of us so we just made it. Those not present all had legitimate reasons for their absence but we could certainly do with the current vacancy being filled. Anyone interested should contact any of the Councillors listed herein for further information.

This will be my last “From the Chair”, I have been a Parish Councillor for ten years and have completed the term I set myself at the outset. I reluctantly took on the Chairmanship a year ago and now feel it is time for someone else to contribute to the future of the village. I will continue with my work for the Village Hall and the Community Centre but with other commitments outside of the Village I am retiring from the Council. I advised the Council of my decision at the recent meeting and will stand down at the next on 19th July. My decision does, unfortunately, create another vacancy.

This magazine is published by the Parish Council six times a year and is in need of someone who is able to compile it prior to going to the printer. The current compiling editor is retiring after a number of years in the job and is happy to help anyone willing to take on the position. While a volunteer would be the best solution it is possible that we could negotiate a suitable rate for a few days every couple of months. Please contact me if anyone is interested and able.

Paul Purnell

Advertising: Paul Purnell - facilities@fornhamallsaintspc.org.uk

Compiling Editor: villagevoice@virginmedia.com

Printers: Community Workshop, Unit 7, Ailwin Road, Moreton Hall Industrial Estate,
Bury St. Edmunds. IP32 7DS (01284-702937)

FORNHAM ALL SAINTS PARISH COUNCIL

The Minutes of the Annual General Meeting held on Tuesday 17th May 2022 at 7.00pm in the Village Hall, The Green, Fornham All Saints

Present: Cllr Paul Purnell, Cllr Jill Mayhew, Cllr Enid Gathercole, Christine Mason (Parish Clerk)

ELECTION OF CHAIRMAN

Proposed and seconded that Cllr Paul Purnell be re-elected Chairman for the forthcoming year – all in favour.

APOLOGIES FOR ABSENCE

Cllr Mat Stewart, Cllr Hugo Greer-Walker, Cllr Cathy Emerson, Cllr Don Lynch, County Councillor Rebecca Hopfensperger.

ELECTION OF VICE CHAIRMAN Proposed and seconded that Cllr Enid Gathercole be re-elected Vice-Chairman for the forthcoming year – all in favour.

DECLARATIONS OF INTERESTS

To receive disclosures of pecuniary and local non pecuniary interests for the agenda under discussion – none received.

To receive disclosures of hospitality exceeding £25 – none received. To consider requests for dispensations – none received.

APPROVAL OF MINUTES

The minutes of the Parish Council meeting of Tuesday 15th March 2022 were unanimously approved and signed by the Chairman.

PUBLIC FORUM

No members of the public were present.

TO RECEIVE REPORTS FROM THE COUNTY & DISTRICT COUNCILLOR

Not available for the meeting.

TO RECEIVE REPORTS FROM PORTFOLIO HOLDERS

Cllr Don Lynch: Issues not yet resolved included the weight of traffic coming through the village, with Eastern Concrete being the most frequent;

indiscriminate issue of HGV exemption permits; speed and volume of traffic; the need for a safe pedestrian crossing

Cllr Hugo Greer-Walker: The TRO decision report for Tut Hill has been drafted, but unfortunately this has not yet been submitted to Senior SCC Officers for consideration. We are awaiting comments from the County Councillor to include in this (and another) report before they can be issued. This matter to be chased in the next week in an effort to progress the scheme.

Cllr Paul Purnell: To prevent rubbish being taken out by crows/foxes, the two small bins at the Community Centre are to be replaced with bigger lockable bins. Prices to be sought for approval at the next meeting. The play area report has not identified any urgent repairs, shackles on the swings are wearing, will be monitored and replaced if necessary, grass has been mowed and the broken fence repaired. Minor damage to the skate park, rivets on the trim have popped and need redrilling, small hole in side needs covering up, all to be monitored. A form of deterrent to prevent pigeons sitting on top of the swings to be purchased. Bench sited on The Green to be revarnished. Cllr Enid Gathercole: Spring flowers are looking good, all but two of the Lark Gate trees have taken, pruning will be required October/November this year. A few trees in the village need attention, the Community Centre grass has been cut and an excellent job done.

Cllr Jill Mayhew: The Rural Coffee Caravan will not be on The Green in June, but for those living in the bungalows, a get together with coffee and cake has been arranged. The Caravan will be back in July.

CLERK'S REPORT End of year financial reports completed for audit purposes. Other than items on the agenda, no further matters to report.

FINANCE MATTERS Payments made since the last meeting were approved, bank balances to date were noted and signed as correct by the Chairman

POPLAR TREES ALIGNING THE GOLF COURSE ADJACENT TO THE B1106

A license to fell the unsafe poplar trees aligning the golf course has gone through, the logistics, i.e. road closure for carrying out the works, are in hand. Cllr Mayhew to continue to liaise with the Golf Club.



DIALOGUE WITH HIGHWAYS AND EASTERN CONCRETE

Cllr Mayhew has written once more to Highways asking a) why are Eastern Concrete lorries continuing to come through the village b) who issues the permits c) do we have any consultation with peoples in the village or the Parish Council. Response expected within two weeks.

WAR MEMORIALS / WREATHS

Proposed by Cllr Purnell and seconded by Cllr Mayhew that wreaths laid at the war memorial are removed after one month – all in favour. To come into effect in November.

PEDESTRIAN CROSSING

It was agreed a firm quotation is necessary prior to any decision being made. If available, this will be discussed at the next meeting.

UPDATE ON JOINT COLLABORATIVE WORKING WITH SURROUNDING PARISH COUNCILS

No update available.

DOG POO SIGNAGE/BINS

Two additional dog poo bins to be requested from WSC. One to be located close to Thingoe Lodge, the second on the B1106 near to the River Lark bridge.

FENCING AT THE ALLOTMENTS / GRASS MOWING AT THE ALLOTMENTS

A new quotation to be obtained for allotment fencing. As the bottom half and possibly the top half of the allotments are mowed by plot holders, it was suggested the middle section could also be maintained in the same way. Cllr Gathercole to speak to the tenant who has previously offered to help out with the mowing.

CORRESPONDENCE

A letter was read out from the Thingoe Community thanking the Parish Council for their donation towards the cost of maintaining the gardens.

DATE OF NEXT MEETING

Tuesday 19th July 2022 at 6.30pm.

FORNHAM ALL SAINTS CELEBRATING
THE QUEEN'S PLATINUM JUBILEE

Hoping for good weather over the Jubilee Weekend.

Saturday 28th May Bunting erected along The Green.

Wednesday 1st June 7.30pm- Judging time.

Don't forget to register your house or window at Tel. 766909

Best decorated House – **Prize: £50 voucher from The Three Kings**

Best decorated Window – **Prize: £30 voucher from Lucy's Pizzeria**

Thursday 2nd June. 9.30 pm on the Village Green – Sorry, Beacon not possible.

Bring jam jar with string handle, tea light provided.

Local young musicians playing their type of music. National Anthem.

Toast to the Queen.

Friday 3rd June 7pm Community Centre. QUIZ NIGHT,

PRIZES - 1st & 2nd Teams of 4 (£20). Team name needed.

TICKETS STILL AVAILABLE. Each team to provide 10 questions on a specific subject, which you can choose from the list when you book your entry. **Booking essential,** phone 766909.

Saturday 4th June. 6pm on the Village Green.

Disco music with David Aris from 6.30pm. Please bring your own picnic & chairs.

Games on the Green. **ALL GAMES £1**

i. **Hamper raffle** – Bring some items for the hampers and get two tickets for the price of one. **Hampers include a “ Golf for 4” voucher and**

a Spa Treatment voucher donated by All Saints Hotel.

ii. **Treasure Hunt**- where in FAS is the Queen having tea?

Prize: Coffee & cake for 2 donated by The Coffee House.

iii. **Longest flight of a paper airplane.** Prize: adult & child £10 each

iv. **Ladder Game.** Most points with 6 beanbags. Prize: adult child. £10

v. **Bucket raffle.** ½ towards Jubilee fund ½ towards winner.

Sunday 5th June. Noon. Bring your lunch and chair to the Village Green.

Live music from The Bounty Hounds.

Slice/spoonful of **OUR JUBILEE** cake/pudding. **Bring yours too.**

Children's Fancy dress competition - dressed in red, white and blue **Prize: TBA**

Best hat or Crown for anyone. **Prize: hair cut from Emma at E-Salon.**

Money raised over the weekend is going towards

i. Mugs for all children (babes to school leaving age.)

ii. Flag pole outside the Village Hall.

iii. Tree, top of Pigeon Lane



**A BIG THANK-YOU TO ALL THE BUSINESSES
LOCAL TO THE VILLAGE FOR PROVIDING PRIZES
ALL SAINTS HOTEL x 2; COFFEE HOUSE; DAVID ARIS;
E-SALON; H & J HAIRDRESSERS x 2; LUCY'S PIZZERIA;
THREE KINGS PUB.**

More info contact lynne.quayle99@btinternet.com or tel. 766909



It was a noisy, entertaining evening with delicious cakes.

Overall winner over two sides was Rain Beckles

Prize: Beauty Hamper donated by H & J Hairdressers.

1st side winner Carol Martin

2nd side winner John Grinham

Wooden Spoon prize over two sides was Nicola (no full names here!!)

1st side wooden spoon Jeanie.

2nd side wooden spoon Mary.

Lucky ticket prize winner Margaret Dainty.

Another game before Christmas??



FAS

A Golden thread runs through
TL 837676
A single-minded lot, the dwellers in
Trout Village
In the
Hundred of Thingoe.
Fiercely loyal, the inhabitants between
Lookout Hill
And
Sheepwash Bridge.
So...

In 902
They said
'NO!' When Aethelred tried to dethrone
Edward,
King of the Angles.

In 1173
They said
'NO!' When Leicester, Petronilla and Flemish rebels tried to oust
Henry II.

In 1914 and 1939
They said
'NO WAY!' When enemy invaders threatened.

And now, In 2022
The villagers of FAS
Loyal to Crown and Country
Say 'YES!'
To Celebrations for
70 Years of our Monarch QUEEN ELIZABETH II

By Gillian Grinham....

Sat Nav

I have a little Satnav, it sits there in my car
A Satnav is a driver's friend, it tells you where you are.
I have a little Satnav, I've had it all my life
It's better than the normal ones, my Satnav is my wife.
It gives me full instructions, especially how to drive
"It's sixty miles an hour", it says, "You're doing sixty-five".
It tells me when to stop and start, and when to use the brake
And tells me that it's never ever, safe to overtake.
It tells me when a light is red, and when it goes to green
It seems to know instinctively, just when to intervene.
It lists the vehicles just in front, and all those to the rear
And taking this into account, it specifies my gear.
I'm sure no other driver, has so helpful a device
For when we leave and lock the car, it still gives its advice.
It fills me up with counselling, each journey's pretty fraught
So why don't I exchange it, and get a quieter sort?
Ah well, you see, it cleans the house, makes sure I'm properly fed
It washes all my shirts and things, and keeps me warm in bed!
Despite all these advantages, and my tendency to scoff,
I only wish that now and then, I could turn the darn thing off.

Thanks to Pam Ayres

VILLAGE PIECE

The rainbow of wild plants by the bus stop on the green looks stunning, Greener Growth have done a superb job, long may it last. Lots of lovely flowers around the village, which is fantastic, also very good for the bees and other insects. Been hearing a lot from the parrots down Pigeon Lane, they are on the golf course, and it is so good to hear them again , even tough they are very noisy. It was good to be in the Rickshaw with Jill, to carry the torch through to Risby, we went via Mere Lane, and got chased by the chef from the The Three Kings, so turned around and went back to the pub for a photo shoot. It was so good to see ladies from Thingoe Lodge, and other villagers to give us a grand send off, and it was an honour to have done it. Everywhere looks very green and lush, again just a gentle reminder about overhanging shrubs and trees along footpaths, we need to keep our walkers safe and not dodging out into the road. Its so good to go down Pigeon Lane, just to listen to the bird song, amazing to hear, just need to get my head round what one bird is, I hear it every day such a lovely song it sings, it is a small bird and their are several of them talking to one another. The birds in the garden are abundant, especially starlings and they are so noisy, and greedy, but they are busy feeding their babies.

I would like to say a big thank you to our compiling editor Su, who has decided to retire. Su has done a wonderful job and we wish her well for the future.

Enid

* * * * *

Fornham All Saints Church News

Easter was celebrated with Compline which took place in Holy week, also the Easter day service officiated by Rev Bob Torrens. The services were enjoyed by all those who attended the Church at this special time.

The Annual Parochial Meeting took place on 28th April in the Church. Twelve people attended with Rev Andy Miller in the chair assisted by Rev Ali Miller.

Sadly Jonathan Hart has decided to step down as Treasurer, we presented him with a token of our enormous appreciation.

He has dealt with the finance with great confidence and a great deal of expertise. Our sincere thanks to you Jonathan. Thankfully, John Sadler has agreed to take over the job of treasurer, we are very pleased that he has come



to join us. John comes with lots of experience. We look forward to having him in the team. Judy Conolly was given a Fullers Mill Membership in appreciation of another year of devotion to the Church as "Acting" Church Warden.



There are vacancies on the PCC for anyone who wishes to do

something completely different or to become more involved with the Church.

At the time of writing the **Churchyard** looks a delight to the eye; we cannot recall the last time there was such an abundance of daisies and buttercups. We have requested that it's not mown during May.

Weddings. The bells were rung for the first time in many months of restriction for the wedding of Aaron and Penny Bates on 30th April.

Many guests gathered for the wedding of Greg and Penny Largent on May 20th.



Fornham All Saints 101 Club (from Kyra)

At last we have lift off and have made our first draw of the year since lockdown.

Thank you to all those supporting us in this way for the Fabric of the Church.

1st prize Rita King

2nd prize Ralph Geileskey

3rd prize Mary Rose

To make it even more worth while, I would welcome more members.

Many Thanks - Kyra Turner 01284 767188

General Village Information

A local resident has very kindly donated a wheelchair to the village. It will be kept at Thingoe Lodge and is available to anyone who requires it for a short term loan. We are grateful to have wheelchair available and thank the donor for his generosity.

CRIME AND PUNISHMENT

An extract from Fornham All Saints School Punishment Book

1907	Name	Age	Offence	Punishment
10 Oct	R Lilley	8	Wasting ½ hr learning 1 word	1 stroke on hand
10 Oct	C Gooch	9	“ “ “ 2 words	“
28 Oct	R Lilley	8	Continual playing about	“
21 Nov	W Emmerson	12	Chasing 2 girls with a dead rat going home, causing them to scream and fall in the mud. (Complaint from parents)	2 strokes each hand
1908				
5 Feb	C Bullen	11	Molesting assistant teacher going home from school	2 strokes
10 Feb	L Largent	5	Taking 3 pencils from school	2 strokes on hand.
10 Feb	E Wilding	6	Taking chalk from school and drawing on railway bridge	1 stroke
27 Mar	E Haygreen A Rayner	7 8	Truant. Fearing punishment, they both ran home during dinner hour	2 strokes on hand
29 Jun	E Haygreen S Mulley	7 8	Playing about after caution	1 stroke on hand
3 Jul	Violet Girling	10	Cracking window in porch by knocking on to it with a peg	1 stroke on hand
16 Jul	Reg Lilley Robert Lilley F Rayner E Haygreen A Rayner E Paske A Howes	11 9 10 8 8 9 9	Entering pea field after school and stealing peas. A fenced gate was opened to obtain them.	2 strokes upon hand each
6 Nov	Walter Wright	12	Molesting Miss Higinbottom going from school	3 stokes upon hand

FRIENDS OF THE VILLAGE HALL

Before the April film, we had our first AGM since before the pandemic. Our funds are in good health and ideas were given on spending them on local trips. Reports were given on all the clubs. Mahjong was going strong and their table money was being dropped from £3 to £2 a time. The walking group had enjoyed walks throughout the pandemic by not sharing lifts and walking in their family groups. Walks are usually about 4 miles long and finish at a local pub.

The Film Group numbers have been greatly reduced to 23 members – More members are needed. Table Tennis started and finished quite quickly, but may start up again from members interested. A travel club has been suggested, where members give talks/slide shows of their travels, meeting every 2 months. Talks have been suggested of The Holy Land; Trans Siberian Train; Costa Rica; Scandinavia; Australia and that's a year nearly gone! The meeting closed with a glass of wine or orange juice. Film night followed.

Our new subscription year begins in May at still £10 each + the extra clubs charges.

The Film Club.



In April, the film was “The Light between the Oceans” – it followed World War I, lighthouse keeper Tom Sherbourne (Michael Fassbender) and his wife, Isabel (Alicia Vikander), when they discovered a boat washed ashore carrying a dead man and a two-month old baby. Rescuing the infant, they made the decision to raise her as their own but the consequences of their choice proved to be devastating. Also starring Rachel Weisz and produced by David Heyman,

Our May film was “Funeral in Berlin” starring Michael Caine as Harry Palmer, an ex-army corporal, who unwillingly served as a spy for Her Majesty rather than serve a long prison sentence. He was sent to Berlin to assist a Russian general who wanted to defect. He arranged a fake funeral but the wrong body was transported out of Russia..... Plenty of views of Berlin and Caine in the arms of beautiful women.



The next film nights are on **Tues 28th June. & 26th July at 7.30 pm.**

Fornham Footers.

Paul led the walk in April travelling to Lackford Green by bus, walking along the main road to the river bridge and joining the Lark Valley Walk (LVW). Through the fishing club area and the Lackford Lakes Bird Sanctuary, past Fullers Mill, not open at the time so no coffee and cake, and on to West Stow. Where the LVW leaves West Stow, we deviated from the recognised route and took the Permissive Path through Culford school grounds to the South of the lake and through the wood to join Mill Road and back to the river path and on to FAS village to the Coffee House at Moseley's Barn. Just on 6.5 miles, everyone seemed to have enjoyed it in good weather.

In May, nine walkers travelled to Long Melford by shared car for a 4 mile walk. The weather was warm and beautiful. Starting by the old village school, the walk went out into the fields where the cereal crops were growing tall. Across the road and into a wood full of forget-me-nots. Across another road and crossing a wonky stile, by the stables and coming out by the impressive Parish Church. We were ahead of time for our lunch break, so a peaceful moment was had inside the church. Lunch was taken at The Hare Inn.

*No walk in June the next walk will be **Fri. 1st July.***

Mah-jong Club.



There are usually up to 12 members at each meeting.

Beginners or Experts are always welcome to join. £2 table money each time you play includes a hot drink and biscuits.

We shall be playing **at 9.30am on Mondays 13th & 27th June and 11th & 25th July.**

I am always happy to discuss starting new clubs under the umbrella of "Friends of the Village Hall."

To join either the Walking, Film or Mah-jong group please contact Lynne 766909 or lynne.quayle99@btinternet.com.

FORNHAM ALL SAINTS PARISH COUNCIL

VACANCY

FOR A PARISH COUNCILLOR IN FORNHAM ALL SAINTS

YOU could be in at the 'grass roots' level of Local Government and be involved in making things happen or getting things sorted

YOU could get local views about local issues brought to the attention of the powers that be
In return you will receive the satisfaction of knowing you are helping your local community

Any person interested in becoming a Parish Councillor should contact the Clerk, Christine Mason,
by phone 01284 767310 or email
clerk@fornhamallsaintspc.org.uk for further information



In April we welcomed Sarah Bullen from Still Good Food. A small charity in Bury St Edmunds, whose aim is to rescue surplus food (mainly from supermarkets and from donations) and redistribute it through their shops in Bury St Edmunds and Great Barton. We were horrified by the amount of food that is thrown away every day, eg 24 million slices of bread! The Charity helps to educate people so that they don't throw away perfectly good food, eg suggesting freezing bananas (1.4 million bananas are thrown away every day). Their shops are open to the general public and they ask a minimum donation of £1 for a bag of food. Larger donations are most welcome!! Sarah reminded us that food waste causes greenhouse gasses so therefore has an impact on the environment, plus of course, landfill. We certainly had our eyes opened.

At our March meeting, John and Gillian Grinham gave a fascinating presentation on their trip to the Holy Land in November 2019. Their guides were Rev Mark Hunt and his niece Dawn Hunt. Starting with a map of Israel at the time of Jesus, we were able to see all the places they visited, together with pictures of the areas today which are regarded as having special religious significance to Christians. Jerusalem is divided into four quarters, so it is important to many faiths, this they said they were very aware of. It is difficult to put into words how amazing it was to see and hear about places described in the Bible. From their photographs much of Israel looks very dry and the earth quite parched. So it was lovely to see images of the Sea of Galilee, the lowest fresh water lake in the world, and the surrounding area. John said that this was more than a trip, it was a pilgrimage. Everyone thoroughly enjoyed the talk and it gave us much to discuss over refreshments!

Fornham All Saints WI meets on the second Tuesday of the month, now at 2.00 pm, in the village hall.

For more information on Fornham All Saints WI please call Elizabeth on 07311 281775

COMMUNITY CENTRE DIARY

<u>ACTIVITY</u>	<u>DAYS</u>	<u>TIMES</u>
Upholstery Cindy 07969 863616	Every Mon & Wed	9.00 am to 3 pm
Pilates Catherine 07951 019456	Every Tuesday	9.00 am 10.20 am 11.40 am
Art Club 01284 767339	Every 2nd Tuesday in month Every 4th Saturday in month	1.45 pm to 4.45 pm 10.00 am to 4.00 pm
Bowls Chris 01284 703024	Every Wednesday	7.00 pm to 9.00 pm
Exercise Caroline 07528 927572	Every Thursday	9.30 am 11.00 am
Yoga Melanie 07963 762920	Every Thursday	3.00 pm to 4.00 pm
STARS stitch & textile Teresa 07946 523282	Every 1st and 3rd Thursday in month.	10.00 am to 4.00 pm

MOBILE LIBRARY DATES AND TIMES for 2022

Thingoe Lodge 12.35 - 12.55

Parish Church 13.00 - 13.20

		21 June
19 July	16 August	13 September
11 October	8 November	6 December

FORNHAM ALL SAINTS TABLE TENNIS CLUB



We have some great news!! – That is if you have any interest in playing **TABLE TENNIS!** Now the pandemic is receding we are forming the Fornham All Saints Table Tennis Club. Initially, we will be playing at **Culford School Sports Centre on Monday evenings from 7-9 pm** but in the future we are hoping to be able to play in the village itself. If you are interested in playing (at any level) please do contact either myself :-

Martin Loveridge (loveridgemartin@yhoo.co.uk) or Derek Brown (derekpaulbrown@btinternet.com) We look forward to hearing from you! We can then arrange a free “taster session” for you and send you more information.

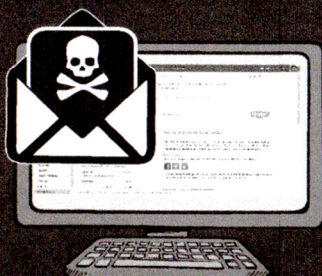
Martin Loveridge



National Cyber
Security Centre

Phishing attacks

Dealing with suspicious emails



What is phishing?

Phishing is when criminals attempt to trick people into doing 'the wrong thing', such as clicking a link to a dodgy website.

Phishing can be conducted via a text message, social media, or by phone, but the term 'phishing' is mainly used to describe attacks that arrive by email.

Criminals send phishing emails to **millions of people**, asking for sensitive information (like bank details), or containing links to bad websites. Some phishing emails may contain viruses disguised as harmless attachments, which are activated when opened.

© Crown Copyright 2020

Make yourself a harder target

Information from your website, social media accounts leave a 'digital footprint' that can be exploited by criminals. You are less likely to be phished by criminals if you take steps to protect your information.



Criminals use publicly available information about you to craft phishing emails that appear legitimate. Review your privacy settings on social media about what you post.



Be aware what your friends and colleagues say about you. This can also reveal information that can be used to target you.



If you have received a phishing email, you're not quite sure if it's real, report it to the NCSC's Suspicious Email Reporting Service (SERS): [report](https://www.ncsc.gov.uk/sers)

What to do if you've already clicked

The most important thing to do is not to panic. There are numerous practical steps you can take to limit the damage.



Open your antivirus (AV) software and run a full scan. Follow any instructions.



If you've been tricked into giving your password, you should change your passwords on all your accounts.



If you have lost money or been scammed, report it as a crime to Action Fraud. Visit www.actionfraud.co.uk

Phishing emails try to convince users to click on links to dodgy websites or attachments, or to give sensitive information away (such as bank details). This advice includes tips about how to spot the most obvious signs of phishing, and what to do if you think you've clicked a bad link. For more information, please visit www.ncsc.gov.uk/phishing.



ite or
s a

can make yourself
doing the following:

available
to make their
r convincing.
ettings, and think

ends, family and
you online, as
ormation that
you.

n email which
bout, forward it to
Email Reporting
@phishing.gov.uk

u've
?

do is
er of

V) software, and run
instructions given.

nto providing your
change your
other accounts.

y you need to report it
aud. You can do this by
ud.police.uk.

Tell tale signs of phishing

Spotting a phishing email is becoming increasingly difficult, and even the most careful user can be tricked. Here are some tell tale signs that could indicate a phishing attempt.



Is the email addressed to you by name, or does it refer to 'valued customer', or 'friend' or 'colleague'? This can be a sign that the sender does not actually know you, and that it is part of a phishing scam.



Others will try and create official-looking emails by including logos and graphics. Is the design (and quality) what you'd expect?



Does the email contain a veiled threat that asks you to act urgently? Be suspicious of words like 'send these details within 24 hours' or 'you have been a victim of crime, click here immediately'.



Look at the sender's name and email address. Does it sound legitimate, or is it trying to mimic someone you know?



Your bank (or any other official source) should never ask you to supply personal information in an email. If you need to check, call them directly.



If it sounds too good to be true, it probably is. It's most unlikely that someone will offer you designer trainers for £10, or codes to access films for free.



HALFCUT THEATRE



@HALFCUTTHEATRE



HALFCUTTHEATRE

UFT

HALF-CUT THEATRE



"GLITTERINGLY ENTERTAINING...
RICHLY FUNNY"

Theatregoater Magazine
A British Comedy Magazine



BOOK

TICKETS
PAY WHAT YOU DECIDE

AFTER THE SHOW

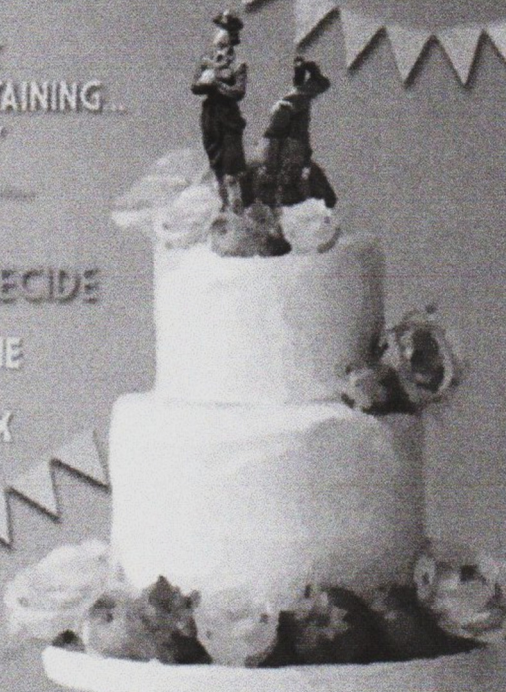
FRIDAY 10TH JUNE

7^{PM}

THE WOOLPACK

FORNHAM ST MARTIN

JUST ST EDWARDS



Much
Ado ABOUT
NOTHING

TO RESERVE A SPACE VISIT

WWW.HALFCUTTHEATRE.CO.UK/BOOK

Dear Residents of Fornham It's that time again! **Half Cut Theatre** are delighted to be returning to **Fornham St Martin** with our new adaptation of Shakespeare's ***Much Ado About Nothing***. We will be playing at **The Woolpack** on **Friday 10th June** with a performance at **7pm**. Expect all of the usual Half Cut ingredients: riotous energy, songs, mayhem, plenty of heart and, most importantly, laughs! As ever you reserve your space for free at halfcuttheatre.co.uk/book or by telephoning 07892 854658 and then **Pay What You Decide** after the show (don't forget to bring your chair or picnic rug!). AND there will of course be food and drink available from our friends at **The Woolpack** - what's not to like? See you there! **The Half Cut team**

FACEBOOK

The Fornham All Saints Parish Council now has its own Facebook page. If you go onto Facebook, put in Fornham All Saints Parish Council you will see notices regarding meetings, extraordinary meetings, agendas, local roadworks, and anything else effecting the village.

We also have our website with the copies of the Village Voice and minutes of PC meeting. It can be found at:-

fornhamallsaints.suffolk.cloud

Jill Mayhew





Good Neighbour Scheme

WHAT IS A GOOD NEIGHBOUR SCHEME?

A Good Neighbour Scheme is a voluntary initiative run by a group of local residents who want to help people in their locality to enjoy a better quality of life by offering them support with everyday tasks. This helps to build a stronger and more resilient community where people know each other and help-out where needed.

HOW DOES A GOOD NEIGHBOUR SCHEME WORK?

The schemes are generally operated via a mobile phone or virtual phone cascade system, which is maned by a volunteer or a group of volunteers on a rota basis. People call the number to request help and are put in touch with a volunteer who can help them.

If you would like support on your journey to becoming a GNS please contact your Suffolk Good Neighbour Network Development Officer Alice, who will be happy to help:

alice.sim@communityactionsuffolk.org.uk 01473 345366

<https://www.suffolkgoodneighbours.co.uk>

<https://www.facebook.com/suffolk>



RURAL COFFEE CARAVAN

Thingoe Lodge on Wednesday morning 1st June 10 - 12

Village Hall on Wednesday morning 6th July 10 - 12

Looking forward to seeing some of you there.

Website: ruralcoffeecaravan.org.uk

Platinum Jubilee Torch Relay 15th May 2022

The handover of the torch from Fornham St Martin to Fornham All Saints took place at the village sign. The village was represented by Councillors Enid Gathercole and Jill Mayhew who were taken to Risby for the next leg of the relay by the Bury St Edmunds rickshaw.



WOULD YOU LIKE TO LEARN HOW TO PLAY BRIDGE?

During lock-down, a local bridge Club [Deben] closed its doors. They donated their club funds to **Suffolk Bridge**. These funds are now being used as part of the 'Deben Project' to offer **free bridge lessons in Suffolk in partnership with Suffolk Libraries**. **Bury St Edmunds, library** will be one of the venues for this initiative.

The classes will be completely free and will be run by qualified English Bridge Union Teachers (EBU.) They will be held in the local Bury St Edmunds library, who have also offered their room free of charge. The lessons will begin in the Autumn and the plan is for a 2 hour lesson once a week on a Tuesday morning – these details are to be confirmed.

We are trying to 'spread the word' in the local area and we are approaching a plethora of local and regional publications to help in the marketing of this project.

As a local resident in Fornham and a qualified EBU teacher I will be involved in this project

If you would like any more information please do not hesitate to contact me.

Tim Evans - 07785 973803
learnbridge@suffolkbridge.co.uk



Advertising in the Village Voice

The Village Voice magazine is delivered to over 350 properties in the village every two months.

The magazine is produced in black and white.

The cost of advertising for this year will be:-

- **Full page A5 £78**
- **Half page £42**

Advertising enquiries to Paul Purnell (Chairman)

01284 763701



THREE KINGS

New Spring Menu

Wednesday to Saturday

12 noon - 2pm and 6pm - 9pm

Set Classic Menu

Wednesday to Friday

12 noon - 2pm

1 courses £16, 2 courses £22 or 3 courses £28

Sunday Lunch

12 noon - 3pm

Hengrave Road, Fornham All Saints, Bury St Edmunds, Suffolk IP28 6LA

info@3kings.pub

01284 658866

3kings.pub



David Webster
Domestic Heating and
Commercial Kitchen Engineer



Reliable help is a phone call away!

Domestic Heating
Services

Gas / Oil / LPG Boiler
Services

Heating Repairs
Plumbing, Radiators
Landlord Certificates

Commercial Catering
Equipment

Services, Breakdowns,
Repairs.

Pubs, Cafés, Homes,
Mobile Trailers, etc
Gas Safety Certificates

07527 928 928 / 01284 728627



**Horringer
Pre-School**



A safe nurturing environment where children learn through play

Highly experienced, friendly and dedicated staff with a passion for working with children

A purpose-built garden, plus outdoor fun and learning in our private wooded copse

Forest school opportunities

Close links with Ickworth Park Primary School

Funded and non-funded sessions available

01284 735 181

www.horringerpreschool.co.uk



Caring, friendly, fun



Bespoke Upholstery Services & Soft Furnishings

Debbie Jordan - AMUSF Qualified Upholster

Traditional and Modern Techniques

Telephone **07771 966662**

email: **debbie@theupholsteryhut.co.uk**

www.theupholsteryhut.co.uk

Domestic Cleaners Required

Work that fits around the school run

- ★ Flexible daytime work in Private Houses in the Local Area
- ★ Regular weekly work, hours to suit you from 2-16 hours
- ★ Don't have transport? Call us anyway, we may have something suitable.

**You must be over 21,
reliable and honest with
good communication skills.**

**Maid[★]2
Clean[®]**

Call our recruitment line
0843 289 6858 (local rates)

**[www.maid2clean.co.uk/
suffolk/recruitment](http://www.maid2clean.co.uk/suffolk/recruitment)**



CJ Computer Services

- Repairs
- Upgrades
- Custom - Built computers
- Reasonable Charge
- On Site Service
- Fully Insured
- Fully Qualified Technician
- One to One Tuition
- Wireless Broadband Set-Up and secured
- Lap-top Sales

Tel: Chris: 01359271772

Mobile: 07717604180

www.cjcomputerservices.biz

Chimney Matters

Town and Country



Professional Chimney Sweeping

All Stoves and Open Fires

Mobile: 07767 864127

Phone: 01284 789663

www.chimneymatters.co.uk



LET US LET FOR YOU

- | | |
|--|--|
| ② Over 25 years in business in Eury St Edmunds | ② Professionally accredited by ARLA & The RICS |
| ② Up to date with all rental legislation | ② Deposit Protection Scheme to protect tenants' deposits |
| ② Tailored & competitive management & letting rates | ② Reposit scheme |
| ② No surcharging on contractors' invoices | ② Clients' Money Protection |
| ② FREE residential rental valuations & investment advice | ② In-house referencing |
| | ② Energy Performance Certificate advice |

CONTACT US FOR ALL PROPERTY LETTINGS, MANAGEMENT & INVESTMENTS

📍 The Annexe IP33 1EL 📞 📧

Call 01284 702626 or visit hazells.co.uk



gentle keep fit

... chair based exercise class



Chair-based exercise that would suit those with arthritis and any physical limitations. The exercises are both seated and standing, and are designed to keep muscles strong and maintain joint flexibility whilst we work within our own limits and have fun!

THURSDAY MORNINGS 11-12pm

Fornham All Saints Community Centre

for further information or to enrol contact:

Caroline Jack 07528 927572/01284 725594



Home Foot Care

For all your foot care needs

Hilary Colson MCFHP MAFHP

Foot Health Practitioner - Reflexologist VTCT, Lymphatic drainage

- SMAE Institute, Berkshire - Qualified and Insured (British Association of Foot Health Professional)
- 25 years Medical experience
- Treatments available - nail cutting, callus', corns, verrucae, ingrown toe nail & other conditions
- Specialising in Diabetic patients
- Personal Treatment in the comfort of your own home
- Complimentary foot massage

Mob: 07884 260913 Email: hcolson.foothealth@btinternet.com

KADIE RYDER

Hair Stylist



HATHAWAY
& JONES
HAIRDRESSING

H

6 Hall Farm Barn,
Fornham All Saints,
IP28 6JJ

MOBILE:

07957 625957

20% OFF YOUR FIRST VISIT

D&T

DALE PARKER EST 1989

TELEPHONE : 01284 717 107

Mobile : 07799 671 010

daleparker59@yahoo.co.uk

LANDSCAPE GARDENER • TREE SURGEON

- block paving and natural stone
- patios ● decking ● turfing
- seeding ● fencing ● grass cutting
- hedge cutting ● clearance
- maintenance ● tree topping
- tree felling ● tree lopping
- dead wooding ● stump removal
- garden waste removal
- paths and driveways

FREE ESTIMATES
FULLY INSURED
REFERENCES SUPPLIED
IF REQUIRED



Pest Solution

The answer to all your Pest Problems

Free surveys

Member of the National Pest Technicians Association

Rats, Mice, Wasps, Squirrels, Moles, Rabbits, Cluster Flies, Fleas
Bed Bugs, Moths, Carpet Beetles, to name a few!

Unit A6 Risby Business Park, Newmarket Road, Risby, IP28 6RD

01284 766362

info@pestsolution.co.uk

www.pestsolution.co.uk



Leon Brown Arb-Agri Contracting

Tel: 01359 408521

Mobile Number: 07552393830

Email: leonbrown.28@hotmail.co.uk

***Tree Surgery**

***Stump removal**

***Hedge cutting**

***Chipping**

***Tree Felling**

***fire wood**

***Garden Clearance**

***Woodland Management**

General Ground Maintenance

PEARCE DECORATING LTD

Fornham All Saints

*Painting &
Decorating*



*External &
Internal*

Free Quotes

Contact Alan Pearce on

Tel: 01284 750545 or Mob 07884231488

Public Liability Insurance



Andy's Jet Force

- All drainage work undertaken, from block drains to new drains
- CCTV surveys
- High pressure water jetting services
- Patios and driveways cleaned
- Septic tanks and treatment plants emptied, serviced and installed

Andrew Waldock

jetforce@mail.com

T 01284 763952 M 07772 751645

www.andysjetforce.co.uk



MOFFAT
HEATING & PLUMBING

Oil Fired Heating & Plumbing
Installations-Services-Breakdowns

BOILER SERVICES

FROM

£100

Call Ben, your local oil heating engineer

07817 203589

moffatheatingandplumbing@gmail.com

www.bury-st-edmunds-plumbers.co.uk

Celebrating 10 years in the
heating and plumbing industry



Helen Goodall

Dog Grooming & Behaviour



Tel: 07788 718852



For all your dog grooming needs in a 'fear free' environment.
I specialise in handling intolerance and behaviour modification
programmes, using positive reinforcement methods.

For more information: www.dogbehaviouristhelengoodall.com

Certificated in grooming and behaviour, established in 2000,
member of PIF and Registration council for
Dog Training and Behaviour Practitioners.



**Special cakes
for special celebrations**

Jean Barker

01359 241135

www.amazingcakesbyjean.co.uk



Alternative Service

Window Cleaning

Please contact:

Nigel Messenger

Mobile 07775 858052

email: nigee57@live.com



Nick Armstrong

Armstrongs
FUNERAL SERVICE

01284 723889



Bury's Trusted Independent Family Funeral Service

- Highest standards of care and service
- Affordable funerals tailored to your wishes
- A multi award winning company
- Itemised estimate always given
- Family business answering to you... not shareholders

Providing a truly caring & personal
service 24 hours a day, every day.

43 St Andrew's St North, Bury St Edmunds, IP33 1TH

Parking Available • www.funeralhelp.co.uk



Bury Free Press
Business
AWARDS 2018
Celebrating Business Excellence

WINNER
Customer Service
Award

TIME FOR YOU™

DOMESTIC CLEANING

Are you tired of cleaning?



We have the
right cleaner
waiting
to help
you.

Regular - Weekly - Cleaner

01359 258991

Typically £14 per hour

www.timeforyousuffolk.co.uk



C.P.I.

Chapman Property Improvements

Free estimates. 10% discount for customers living
within a one mile radius of Fornham All Saints.

If you own a home then I can help you with all your general maintenance needs

Upgrades and replacements . Specialist in Kitchens/Bathrooms/Bedrooms

Contact Martin Chapman on 01284 724273 or 07860690047

Email Martin@cpifreeuk.com. over 30 years building trade experience

Established in 1991. No job to big or to small. **NO VAT on labour**

City and Guilds Craft & Advance Craft Certificates in Carpentry & Joinery

Gorilla Tree Services

Your local tree care company based in Risby. Work you can trust in for all arboricultural services. We are passionate about trees, all work done to BS3998 standards. Please do not hesitate to get in touch for any tree related work.

Mobile: 07851 459 734

Work: 01284 810 027

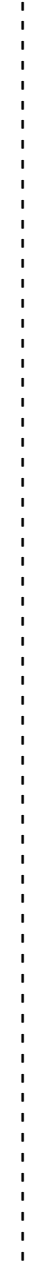
info@gorillatreeservices.co.uk

www.gorillatreeservices.co.uk



City&
Guilds
NPTC
Qualified

Strength of a gorilla with the agility of a monkey



Local Services: Useful Telephone Numbers

Organisation	Details	Website	Phone No	Comments
Church	All Saints Parish Church	www.northburychurches.org.uk	01284 489338	Judy Connolly
Cemetery	FAS Cemetery Trustees		01284 705029	P Elmes (Secretary)
Councils	St.Edmundsbury Borough	www.westsuffolk.gov.uk	01284-763233	
	Suffolk County	www.suffolk.gov.uk	0345-606-6067	
	Parish Council	http://fornhamallsaints.suffolk.cloud	07545 783987	
Electricity	UK Power Networks	www.ukpowernetworks.co.uk	0800-3163-105	Report outages
Emergency	Ambulance/Fire/Police		999	
Gas	British Gas	www.britishgas.co.uk	0800-111-999	Report leaks
Halls	FAS Community Centre	www.suffolkvillagehalls.co.uk	01284-767688	
	FAS Village Hall	www.fornhamallsaints.suffolk.cloud/	01284-766909	
Medical	West Suffolk Hospital	www.wsh.nhs.uk	01284-713000	
	NHS Non-Emergency		111	
Police	Non-Emergency	www.suffolk.police.uk	101	999 Emergency
	Crimestoppers	www.crimestoppers-uk.org	0800-555-111	
Samaritans	Bury St.Edmunds	www.samaritans.org	01284-750000	Local Call Charges
			116-123	Free
Transport	National Rail	www.nationalrail.co.uk	03457-484950	
	Traveline	www.suffolkonboard.com/buses	0871-200 2233	
Water	Anglian Water	www.anglianwater.co.uk	0800-771881	Report leaks



The best way to care Pet Health Plan

Comprehensive care for your pets

Give your pet the best for less. Cover their preventative health care needs with our cost saving, pay monthly plan.

- Friendly local practice
- Convenient late night and weekend appointments
- Free nurse clinics
- Puppy parties
- Free parking
- Free advice to help you choose your perfect pet

Meet our friendly staff at your local Eastgate or visit online at:

www.eastgatevets.co.uk

Bury

01284 753961

Thetford

01842 753991

Mildenhall

01638 713980