

VILLAGE VOICE

FORNHAM ALL SAINTS
VILLAGE MAGAZINE

OCT-NOV 25 | ISSUE No. 255



Fornham All Saints Officials

Parish Councillors

Richard Nicholls (Chair)

Derek Brown (Vice Chair)

Mat Stewart

Don Lynch

David Surman

Vacancy

Vacancy

Vacancy

Justin Hook (Parish Clerk)

clerk@fornhamallsaintsparish.gov.uk

Other Representatives

Rebecca Hopfensperger
(District & County Councillor)

07876 683516

Sarah Broughton
(District Councillor)

07929 305787

Peter Prinsley
(Labour MP)

peter.prinsley.mp@parliament.uk

Meetings

The Parish Council meets at 6:30pm in the **Village Hall**, on the third Tuesday of each month, except August & December. Please check the Village Hall notice board for any date changes.

Website

www.fornhamallsaintsparish.gov.uk

The deadline for articles for the December - January Village Voice will be 20th November.

The 'Village Voice' is published by the Fornham All Saints Parish Council. Views and opinions expressed in this magazine are not necessarily accepted as being those of the Fornham All Saints Parish Council. The 'Village Voice' accepts all articles, notices and advertisements in good faith. We cannot be responsible for the content of any submissions, nor liable for the quality of goods and services offered.

From the Editor & Parish Clerk

I hope that you've all enjoyed a wonderful summer...

Now it feels like all the dull jobs prepping for winter - getting the wood burner swept, ordering wood, getting the oil tank filled, the boiler serviced, the radiators bled. It's definitely more chilly in the evenings, but I do love the crispness of an autumn walk, the colours of the leaves, and seeing the mist across the golf course in the mornings.

I have to hold my hand up and say, that another Village Voice appears, and it seems the only improvements in the village are the ones that the volunteer group have achieved (huge thanks again to their growing team). My ongoing battle to get the bigger jobs tackled, is... well... ongoing! However, we are almost over the line - do check the minutes from the Parish Council meetings for more information, or come along to a meeting to hear what is going on.

Perhaps if you are a dog owner, you'll have noticed one of two very small achievements over the summer. The poo bin at the bottom of Pigeon Lane had rusted through and a shiny new bin was purchased and fitted, and the redundant poo bag dispenser further up Pigeon Lane has been removed, as it had slowly been filling up with dog litter - not its intended purpose!

The Lark Valley Path continues to be cut wider and is looking better for it. Finally we can expect to see the wooden fences repaired either side of the B1106 Sheepwash Bridge (see more info about closures later in the magazine), but it will be nice to finally see all of that metal security fencing taken down.

The Parish Council has agreed with All Saints Resort to jointly tend to the cutting back of the ditch along the B1106, and to then work to keep the growth down and the pavement clearer, which will be another big improvement, especially for those travelling on foot.

This week the parishes along the A1101 met with MP Nick Timothy, the Police and Suffolk County Council Cllrs to discuss the ongoing issues of speeding and noisy motorbikes along the A1101. A number of actions were discussed, including pooling data, cleaning/refreshing old, damaged or hidden signage, and potential community

speed watch teams. More details in future PC minutes. In Fornham we continue to monitor and look at speed data gathered from three of our VAS units.

Do have a look at the article about the living advent in Fornham All Saints - it sounds really fun and a great way to engage with the community, especially if you're even slightly creative! And of course there are lots of other ways you can get involved in village life and 'put a little bit back' if you're interested.

Feel free to contact me if you have any ideas or need some pointers on ways you can get involved.

Any feedback, ideas or suggestions are greatly received via the Editors email **villagevoice@fornhamallsaintsparish.gov.uk**

And any issues or problems in or around the village, contact me via the Clerks email **clerk@fornhamallsaintsparish.gov.uk**

Lastly - from October, the Parish Council meetings are moving to the Village Hall. We'll see you there at 18:30 on October 21st!

A handwritten signature in black ink that reads "Justin Hook". The script is cursive and fluid, with the first letters of "Justin" and "Hook" being capitalized and prominent.

Justin Hook, Village Voice Editor & Parish Clerk



NEXT RURAL COFFEE CARAVAN VISITS
Wednesday 1st October, 10am - 12pm
Thingoe Lodge

future dates:

5th November
3rd December

Thingoe Lodge
Thingoe Lodge

NO DATES SET YET FOR 2026

Everyone welcome for a coffee, cake and chat

www.ruralcoffeecaravan.org.uk

Tollgate Triangle Road Works

Don't forget that the Tollgate Triangle is being redeveloped and work will have begun already in late September.

This is likely to have an impact on traffic in the village as folk re-route, so just allow extra time for your journeys and be more careful if the traffic levels increase.

Bus Route Changes

Works to the Tollgate Triangle are also going to affect bus routes in the village.

We have heard on the grapevine that if you want to be picked up to go into Bury, you need to get the bus by the Community Centre, NOT on The Green by the Village Hall (but the bus is supposedly still dropping travellers back outside the Village Hall).

THIS HASN'T BEEN CONFIRMED TO US OFFICIALLY, so we suggest you be sure to check with the bus providers or on the Suffolk on Board website before travelling:

www.suffolkonboard.com

Alternatively, check out the advert for the Connecting Communities service, later in the magazine.

Path Closures

We're expecting works to start on repairing the fence either side of Sheepwash Bridge on the B1106. The Contractor has confirmed works will commence on 20th October for approximately three weeks and the Lark Valley Path either side of the bridge will be closed Monday to Friday, but made safe for weekend use from 17:00 Friday until 07:00 Monday.

Fornham All Saints Parish Council

September Meeting

Draft Minutes from Parish Council Meeting

Tuesday 16th September, 2025, 18:30, Fornham All Saints Community Centre

These draft minutes will be approved at the Parish Council Meeting on 21st October, 2025.

Present:

Cllr Richard Nicholls (RN) (Chair), Cllr Derek Brown (DB) (Vice Chair), Cllr Mat Stewart and Cllr David Surman.

District Cllr Sarah Broughton, Clerk Justin Hook (JH), Hannah Cuthbertson (HC) from All Saints Resort (ASR). 3 members of the public present.

Agenda Items

- Chair's welcome, opening remarks and to receive apologies for absence
The chair welcomed those in attendance. Apologies received and accepted from County Cllr Rebecca Hopfensperger.
- (i) To receive members Declarations of Interests - none received.
- (ii) Council to consider any new written requests for dispensation and/or requests which have been received - none received.
- To approve & adopt the minutes from the Council Meeting held on 15th July 2025
Council resolved to adopt the minutes, the Chair signed them.
- To receive County Councillor's report from Cllr. Rebecca Hopfensperger
No report.
- To receive District Councillor's reports from Cllr. Sarah Broughton and Cllr Rebecca Hopfensperger
WSC having an extraordinary meeting to discuss their final proposal for Local Government Reorganisation, based on a three council model for Suffolk, which appears to provide little to no saving.
- Public open session up to 15 minutes - questions and issues on

matters arising from the agenda and from the village

Resident on Tut Hill raised concerns over motorbikes coming through the cycle gate, clearly in contravention of the signage. It appears to be the same bikes, at the same times, often early mornings.

Other bikes seen speeding and doing wheelies at the top of Tut Hill.

ACTION: To be raised at the meeting on 25th with Nick Timothy, SCC & Police, also to raise with Highways, CPT and potentially RH? Add to October agenda for update.

Also reported lots of articulated lorries still using Tut Hill. The complaint being that sat-nav maps have not been updated or that the signage is not adequate or overgrown to alert them to the fact the road is closed.

ACTION: Clerk to add to volunteer group list to trim around signs.

Resident raised concerns over speeding through the S bend in the centre of the village, and the parking on the pavement opposite Pigeon Lane. Problems likely to be exacerbated when Tollgate Triangle works begin and the village becomes a rat run. Council agreed that the speeding is worse at quiet times. In peak flow, the speeds are better.

Resident asked if the VAS units ought to be repositioned at village entrances?

Council believed the VAS units were in the best locations.

Council have discussed parking in this location previously and agreed no action. Although not ideal, parking on the pavement is not illegal unless it blocks the pavement.

HC from ASR advised that she had suggested to David Harris the idea to sponsor of some planting in the village, potentially to the tune of £250.

ACTION: Clerk to liaise and add to planting or volunteer group budget.

HC also advised that she had met their contractor and the Clerk to walk the ditch and fence line and agree the works to be completed. The contractor has quoted £400 initial clear and £200 per cut for two further cuts each year. Contractor also quoted to cut the strip of grass each time he passed to cut the church grass, in order to keep it down. Cost £20 per cut.

HC advised that the various applications were to do with extra

provisions at the lodge site which were previously thought to be under permitted development. Added security gates and CCTV were deemed necessary to avoid further vandalism to the course and after a £30k generator was stolen from site.

Volunteer group leader Martin Loveridge (ML) suggested that the union jack flag be flown from the village green flag pole at all times, not just ceremonial ones.

The Clerk was nervous after recent inflammatory news reports, but that a recent article read suggested that you don't need planning permission.

ACTION: Clerk to add to October agenda for discussion.

8. To receive reports from Councillors:

a. Traffic / Roads / VASs / Road Signs - Don Lynch
None received

b. Volunteering - Derek Brown

ML advised flower beds have taken a lot of time, but have been restocked with longer lasting planting, as well as by the Three Kings and the memorial bench. A fallen willow tree on the Lark Valley Path was quickly cut as the team responded to a message for helpers.

ML has an interested party for sponsorship of planting.

DB offered his thanks to ML and the team for their superb work.

c. Facilities / Assets Management / Community Centre / EV - Derek Brown

DB couldn't attend the last community centre meeting, but little to report. The EV project is no longer going ahead.

In term of assets, DB and the Clerk completed a check of the assets, updating the asset register and maintenance record.

d. Local Businesses & Residents / Lark Valley - Richard Nicholls

The only thing to report was the Lark Valley Path was looking ready for its next cut.

The Clerk confirmed likely mid-September.

e. Marham Park / Highways / Village Hall / Anglian Water (Lark) - Mat Stewart

MS reported news that the Coop building work was to be starting soon. Still lots of trees to be replaced before adoption.

Resident raised concern that lots of the fencing around the Country Park is broken and needs repair/replacement. WSC Parks will take on responsibility once adopted.

Anglian Water recorded no sewage spills into the Lark, but it has been very dry.

f. Allotments / Emergency Plan - David Surman

Allotment Management Committee continue to meet regularly, agreeing to turn the water off soon, looking at options for replacement gates to the playing field. Dates agreed for no vehicular access on site and regular plot inspections taking place.

DS had met with Tariq at WSC regarding Emergency Plan and learned that the Community Centre is registered as an Emergency Refuge Centre.

DS needs to try and locate listed equipment and test it, and needs some time with the Clerk to organise a simple emergency plan document.

DS suggested a request in the Village Voice for first responders / first aiders etc. who would be willing to be included in the plan.

To clarify, regarding the Emergency Refuge Centre - WSC would cover the insurance if they notified the emergency.

9. To receive Clerks report

a. City Fibre - damages to village

Clerk has had contact with City Fibre - ongoing.

b. Marham Park trees and S106 monies

No further report - ongoing.

c. Rusted Bin, Pigeon Lane

WSC reported the bin had rusted through, Clerk ordered and fitted a new one - **ITEM CLOSED.**

d. VAS repairs

Clerk has the necessary items - just need to arrange a time and a volunteer to help fit.

e. Community centre lease & land registry

Clerk and DB met with community centre team and architect to hear about plans. They need the land registered properly. This opens up questions about the lease, what is/ isn't included, who insures what, who owns what etc.

Clerk submitted a quick online form to CAS (Community Action Suffolk) to see if we can get some pro-bono legal

help with the some of this.

- f. Double mini roundabouts
Reported to WSC and since been swept/cleared - **ITEM CLOSED.**
- g. Defib & registering with The Circuit
The Circuit is a new service for registering your defib. The Clerk has begun the process, but need more information from Enid to fully complete.
- h. External Audit
Report and final conclusion received.
ACTION: Clerk to process and report back at October meeting.
- i. Bus stops
No update - ongoing.
- j. Other updates

10. Planning:

- i. **DC/25/1247/FUL**
All Saints Hotel The Street Fornham St Genevieve Suffolk IP28 6JQ
Planning application - two walls at entrance of site and steel entrance gates.
Council resolved to APPROVE this application.
- ii. **DC/25/1245/VAR**
All Saints Hotel The Street Fornham St Genevieve Suffolk IP28 6JQ
Planning application - variation of condition 2 (approved plans) of DC/23/0622/VAR to enable the use of amended drawings which illustrate additional essential infrastructure installed at the site (drawings 519BPE1, 519P1, 519P2, 519P3, 519P4 and 519P5).
Council resolved to APPROVE these variations.
- iii. **DC/25/1246/ADV**
All Saints Hotel Battlefield Way Bury St Edmunds Suffolk
Advertisement consent - two non-illuminated totem signs.
Council resolved to OBJECT to this application, on the basis that the signs were illuminated and therefore the application was incorrect or misleading.
- iv. **DC/25/1325/TCA**

Adderbury Aldridge Lane Fornham All Saints Suffolk

Trees in a conservation area notification - two silver birch (as indicated on plan by circles) and two hornbeams (as indicated on plan by circles) overall crown reduction by six metres.

Council resolved a vote of NO COMMENT, supporting the decision of the Tree Officer on this application.

v. **DC/25/1200/HH **Re-Consultation****

Roslan, 18 Pigeon Lane, Fornham All Saints, Suffolk, IP28 6JP

Householder planning application - replacement of existing render with cladding to front elevation.

Council resolved to APPROVE this application.

The Clerk advised Council that he had heard that the rider training facility on Tut Hill had moved to appeal the previous decision status. Council to await further information.

11. Finance update

i. **Council resolved to approve payment of the following accounts and outstanding invoices:**

Payee & details	Total
J Hook, Clerks salary, July	£847.53
Nest, Clerks pension, July	£21.27
J Hook, Clerks salary, August	£847.53
Nest, Clerks pension, August	£21.27
Community Workshop, Village Voice printing	£324.37
GD & SA Garnham, Lark Valley Path, extra cut and wider cut	£600.00
Broxap, Dog bin	£246.00
WSC, Bin collection x 1 18/08/25 - 17/08/26	£199.97
M Loveridge, Volunteer expenses, plants & coffee	£173.42
Total Payments	£3,281.36

ii. Council noted payments received to 31st August.

From & details	Total
RBS, bank interest	£155.97
VV advertising	£132.00

Total Monies Received	£287.97
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- iii. Council noted bank balances to 31st August.

Current	£248.99
Savings	£54,311.52
Total Bank Balance	£54,560.51

- iv. **Council resolved to approve bank reconciliation for July & August.**

12. Councillor responsibilities

This item was deferred to the October meeting.

13. Parish Council meeting location and time.

The community centre now has a regular Tuesday night booking, 18.30-19.30. Council can meet after that, or move to the village hall and maintain the same time of 18.30.

Council resolved to change venue to the village hall, at the same time of 18.30 and review after the October and November meetings.

14. Volunteer Group - planting sponsorship

Chris Watson of Watsons Plants, Depden is willing to donate circa. £200 of plants for a couple of advertising signs and an advert in the Village Voice.

Council resolved to approve the idea, Clerk to make contact.

15. Asset Register & Asset Maintenance Record

Council resolved to approve and adopt the updated Asset Register.

Council resolved to approve the Asset Maintenance Record and instruct the Clerk to get quotes for immediate actions.

16. Church wall repair

Council to discuss small repair to the rear of the church wall in Aldridge Lane as highlighted by the Asset Maintenance Record.

Council resolved to approve Drew's Brick & Stone to complete the works for £600.

17. Church gate replacement

Clerk presented following quotes to replace the little church gate as requested by the church.

Will Ford: £585 inc. Vat softwood, £1635 inc. Vat hardwood
D&M Tree & Landscaping: £925 +Vat softwood, £1950 +Vat hardwood

Barking Engineering: £1500-£2000 for a bespoke metal gate
The PCC are confirming what they are allowed, and if they are able to contribute.

Council resolved to set aside £2000 of the earmarked reserves for church wall repairs to replace the gate.

ML suggested try Harvey Frost who has completed works at the church previously.

18. Litter & dog bins

Council discussed the request for a new dog bin at the top of Pigeon Lane, on that side of the road.

ML suggested we more litter bins were needed in the village.

Council resolved to purchase a new combined litter bin to be placed at the bus stop and to re-purpose the old dog bin from the bus stop to the top of Pigeon Lane.

Council resolved to add the extra bin to the collection contract.

19. Insurance

The Clerk presented an insurance quote from Gallagher for £1946.62, covering £233.5k assets.

Council resolved that the insurance quote provided was adequate against £242k on the asset register, but for the Clerk to try and arrange a second comparison quote before the renewal date if possible.

20. Skate & play park inspections

Council to note from report that remedial work required, but all low to very low risk.

DB advised some screws missing on the skate park and that he is still waiting on quotes from Wicksteed for swing repairs.

21. Play park gate replacement, and fence repairs

Clerk has received quotes to fix the fencing and fit the new gate, totalling £1000, which is within the agreed budget. Awaiting potential dates from contractor so that the gate can be ordered to suit.

22. Overgrown pavements

Clerk has walked the village with and received further quotes for works from Top Garden (as advised by Beccy Hopfensperger), who are currently completing pavement work for Great Barton. His prices are very reasonable.

£3675 +Vat already approved for works, which now requires an

extra £550 +Vat for flail work.

Council resolved to split the works between Wayne Jarvis & Sons and Top Garden, to increase the amount of works that can be achieved within that budget.

ACTION: Clerk to arrange.

23. Other village works

As resolved above, Top Garden will carry out many of the smaller jobs in the village.

Council to consider appointing Top Garden for more regular, preventative maintenance, moving forwards and into 2026, esp. grass cutting, trimming, weed spraying etc.

ACTION: Clerk to add to future agenda.

24. B1106 Ditch

As discussed during the Public Open Session, with ASR presenting costs of £400 one off and £200 per cut x 3 per year, plus, £20 per mow of the verge.

Council resolved this was in the agreed budget and to proceed.

ACTION: Clerk to arrange.

Cllr Stewart raised the flooding at the entrance to Pound Meadow and suggested that the culvert under the new entrance sat much lower than the bottom of the ditch. HC confirmed it was put in at the required depth, but that potentially the ditch needed clearing. The ditch is actually believed to be SCC land. Council agreed to wait until the ditch had been cut and monitor/assess, potentially ask SCC for it to be dredged/cleared.

25. Bus stop improvements

Covered under item 9i.

26. Speeding in the village & motorbikes

Meeting with Nick Timothy and the other parishes along the A1101, now confirmed Thursday 25th September, 19.00, Flempton Golf Club.

Council to note Nick Timothy's office are covering the £30 cost of room hire.

Cllr Nicholls and the Clerk will attend and report back.

Council to discuss letter from Moulton & Lidgate Parish Council, to become part of a group to lobby SCC on their current stance on road safety, speeding and traffic calming.

Council resolved to show their support in being part

of the group, requesting to see the mentioned policy documentation.

Clerk reported some top level stats from the VAS units:

Larks Gate (since last meeting)

Incoming: highest speed: 60mph, compliance to 30mph limit: 85% (50+mph 0.01%)

Outgoing: highest speed: 68mph, compliance to 30mph limit: 76% (50+mph 0.05%)

Pigeon Lane (since last meeting)

Incoming: highest speed: 48mph, compliance to 30mph limit: 98% (50+mph 0.00%)

Outgoing: highest speed: 70mph, compliance to 30mph limit: 97% (50+mph 0.01%)

Village Green (since last meeting)

Incoming: highest speed: 63mph, compliance to 30mph limit: 97% (50+mph 0.00%)

Outgoing: highest speed: 62mph, compliance to 30mph limit: 95% (50+mph 0.01%)

27. Proposal to combine the two Fornham Parish Councils to create one Parish Council covering the three Fornhams

RN & DB attended the Fornham St Martin cum St Genevieve (FSMSG) Parish Council meeting on the 4th of September. Cllrs shared their thoughts and ideas. FSMSG were keen to move the idea forward, but keeping it all very transparent in both Councils' minutes and websites. Next steps to consider, working out a draft budget, consider what that might mean to taxpayers through council tax payments. FSMSG have it in mind to tie a change in with the start of the 2026/27 financial year which council though would be too soon.

Council aware that a period of consultation with residents will be needed.

Council resolved to invite FSMSG Cllrs to the October meeting to discuss further.

28. NJC Salary Pay Award 2025/26.

Council resolved to approve the NJC pay increase for the Clerk, from £15.84 to £16.35 per hour, backdated to 1st April 2025.

29. Remembrance Day

Council resolved to purchase a wreath, on behalf of the Parish Council and appoint ML as representative to lay it.

30. Correspondence not already covered in agenda

- i. Tut Hill, speeding and motorbikes cutting through the gate
Covered under Public Open Session.
- ii. Church grass cutting, praise for current contractor
Clerk passed on the praise to contractor.
- iii. Field opposite community centre, use and residential status
Clerk updated resident that the field was not being used for residential purposes and the caravan was in place due to the owner keeping bees on site.
- iv. Tollgate gyratory
Clerk advised notice of works beginning end of September
- v. Tut Hill road closures
Clerk advised of temporary road closures between Marham Park and A14 for a few nights.

31. Date of next meeting

The next Parish Council Meeting will be held on October 21st, commencing 18:30, at the Village Hall

Meeting closed 20:42

Minutes from all the Parish Council meetings
and a wealth of other information can be found
on our website

www.fornhamallsaintsparish.gov.uk



To keep up with other village news, why
not like or follow our Facebook page?

www.facebook.com/fornhamallsaintspc

**Do you want to make a positive difference
in your village?**

**Would you like to influence decisions
that affect your community?**

**Do you have innovative ideas, knowledge or
skills that could benefit your community?**

Why not become a Parish Councillor!!

for more info, or an informal chat, email the clerk
clerk@fornhamallsaintsparish.gov.uk



Would you like an allotment?

Contact the Clerk to get your name on the waiting list for a plot
clerk@fornhamallsaintsparish.gov.uk

Image by macrovector on Freepik

For all enquires or questions for the Parish Council,
please in the first instance email the Parish Clerk

clerk@fornhamallsaintsparish.gov.uk

Dates For Parish Council and related meetings 2025

From October, the Parish Council will once again meet at the Village Hall and no longer at the Community Centre.

October 21st	Parish Council
November 18th	Parish Council
December	<i>no meeting unless planning</i>

All meetings will be held at 18:30 at the Village Hall unless otherwise advised on the Agenda which will be posted on the Village Hall notice board at least three full clear days* before each meeting.

Agendas can also be found on the Parish Council website.

www.fornhamallsaintsparish.gov.uk

**excludes Sundays and Bank Holidays*

Why not come along to our next meeting?

Got something to share, or a question to ask? There is always time allocated for questions from members of the public.

Or just come to listen and see what goes on behind the scenes in your village.

Meetings usually last about an hour and a half, but you don't even have to stay til the end if you don't want to (or you get bored!)

For more information, email:
clerk@fornhamallsaintsparish.gov.uk

Fornham All Saints News

Our Family, All Age services have been fulfilling, active and enjoyable with Gail at the helm. Kim, Emma and Steve, also Claire and Skye, enhance our worship with their wonderful music. We appreciate their efforts as they bring happiness and meaning to our worship.

Wedding On 9th August Mark and Rachel were married and became Mr and Mrs Cross. The bells rang out as the couple emerged from the Church. Their family and guests filled the pews as they observed the ceremony on the special day.

We wish Mark and Rachel well as they embark on their life together.

Funeral The burial service took part on 13th August of Peter William Hayhoe. The service was led by Revd Andy Miller. Peter and his wife lived locally. Our thoughts go to the family.

Events and Services As well as the usual services, we also had several events which involved many locally. The first was the **Ride and Stride** bike ride, on September 13th, in aid of Suffolk Churches Historic Trust. Participation involved sitting on a bike and going to as many churches as possible and collecting money for the upkeep of the many church buildings in Suffolk. Others sat in the church to welcome cyclists who whizz in hoping to tick off yet another church.

Our thanks go to Linda for organising the day and to John for riding his bike once again.

Next, was the **Macmillan Coffee morning** on Saturday 27th September. We welcomed as many friends, visitors and passers by as possible, filling the church with cake eaters and friends enjoying a good chat.

The Harvest festival is on 5th October, when the fruit and vegetables and any other goods collected will be going to the Vineyard food bank. Donations will be gratefully received.

As the summer slips by, we look forward to some events in the Autumn and then on to Christmas. On 29th November, we plan to host a coffee morning.

In December, of course there will be the Christmas services.

All are very welcome to all the events mentioned.

Before Christmas, however, there will be an exciting event which is explained in the letter which follows. Please do read and consider taking part.

Lastly, to Roberta and Julie (pictured here), we are grateful for all that you do. Thank you.

Judith Scott

Judith Scott



Fornham All Saints Living Advent Calendar 2025

We are looking for 24 windows in Fornham All Saints, easily visible from the pavement, to illuminate a Christmas/Festive/Winter scene during December.

One window display will be unveiled from 5-8pm every night from 1st-24th December. For example, the window for the 1st December will be illuminated from 1st-24th, the window for 2nd December will be illuminated from 2-24th and so on.

The purpose of the project is to have some festive fun and create a good way of bringing the community together.

We will create a map showing which houses will reveal their windows on which days, and share the map with the village community so that everyone can enjoy taking a tour of the decorated windows.

If you would like to be a part of the Fornham All Saints Living Calendar for 2025, you will need to:

- Be willing to light up your window (upstairs or downstairs) from the day in advent you are allocated, until December 24th, between 5-8pm every evening. (Some villagers continue to illuminate their windows until New Year's Eve but that is your personal decision)
- Be willing to have your house marked on the Trail Map, which will be distributed from the end of November

On Christmas Eve, the final window will be illuminated. There will be an opportunity to walk the whole window trail, ending up at Fornham All Saints Church for festive refreshments at 8.30pm.

There will also be a Bethlehem Midnight Mass at 9.30pm at the church, where all will be most welcome.

Dates will be allocated during November, so please get in touch soon if you would like to take part.

A useful website to get ideas for your window is - Pinterest Living Advent Calendar.

If you would like to volunteer to decorate a window, or need any further information, please contact:

Linda 07757 316553 | lindacleveley135@btinternet.com
Judith 07721 859799 | larksgate@hotmail.com

I hope you feel inspired to take part and I look forward to seeing the different windows lighting up Fornham All Saints this Advent.

With every blessing,

Revd Andy Miller

Revd Andy Miller, Team Rector

Harvest Service

Do come and join us for our Harvest themed service, Sunday 5th October:

10am: Harvest All Age Worship at Fornham All Saints Church

The Suffolk Historic Churches Cycle Ride and Stride event 2025

Another cycle ride but despite having fewer sponsors this year, I had an excellent ride on the normal route to FSM, and on to these country churches - Timworth, Ampton, Ingham, Culford, West Stow, Flempton, Hengrave, St Georges and Northumberland Avenue Methodist before struggling up the hill to All Saints. Only then could I enjoy the walk around the Bury town churches, too many to mention. Anyway, 24 churches were visited and signed for.

I always enjoy the country route and after the excellent service by Gail the previous Sunday I was very aware of God's Creation. The variety of fields at different stages in their cycle, the great number of pheasants and partridges I had to avoid, the flower arrangements in different gardens in the villages and the town that always look great with their displays with hanging baskets. This year for a change I had arranged to meet up with Gillian at the Cathedral café, where we enjoyed a restful lunch before I tackled my ride back to Fornham, avoiding where possible the numerous road works and traffic lights!

As we have been away, I may have missed some usual sponsors so I am keeping my sponsor form "open" until mid-October, so if you would like to make my cycle ride even more worthwhile, please do get in touch with me!

John Grinham

John Grinham, 07990 834078

Mobile Library

Dates & Times for 2025:

October 7th
November 4th
December 2nd
December 30th

Thingoe Lodge
12:35 – 12:55pm

Parish Church
13:00 – 13:20pm

For more information, visit the Suffolk Libraries website:

www.suffolklibraries.co.uk



FORNHAM ALL SAINTS TABLE TENNIS CLUB

We play on **Monday nights, 7-9pm** in the community centre.

We are always looking to grow our membership. The club is run on a “for fun” basis and welcomes all levels of play.

For more information please contact either:

Martin 07784 225375 or Derek 07505 762267

Don't let the Tech get you down!

Join our friendly club for tutorials and one to one help



Fornham Computer Club, Fornham All Saints,
Bury St Edmunds

Find Out More

<https://www.fornhamcomputerclub.com>

Email: fornhamcc@outlook.com or

Phone: Bernard on 07860 117680

We're entering our 9th year of providing simple, jargon-free tech advice for Windows and Apple users alike. Whether you're wondering about upgrading to Windows 11, exploring the latest iPads, or learning how to use the new Apple Password Manager with Windows, we've got you covered.

Why Join?

- Friendly support for beginners and experienced users
- Monthly Apple & Windows meetings
- One-on-one help & drop-in sessions
- Online assistance for urgent tech problems
- Make new friends

 **When:** Twice a month (Apple & Windows sessions) on Tuesday afternoons

 **Where:** Fornham All Saints Community Centre, near Bury St Edmunds

 **Who:** Open to all skill levels—especially beginners!

Don't let the tech get you down—join our friendly club and get all the help you need!

Membership costs £20 per year

**Beginners Group - Commences Mid-April
Don't delay Enrol Now!**

Celebrate St Edmund's Day in Style

Join Us for the Annual St Edmund's Day Fundraising Dinner on November 19th, 2025!

The St Edmund's Day Dinner is set to return this year to the stunning St Edmundsbury Cathedral, where we invite residents and visitors alike to join us in celebrating our Patron Saint's Day in grand style. This fabulous event will be fundraising for four local charities: **My Wish, Gatehouse, Cancer Support Suffolk and Abbey of St Edmund -Reborn**

Taking place on November 19th, 2025 at 6.45pm, this black-tie event presents a unique opportunity to engage with our community while experiencing an evening filled with elegance, inspiration, and philanthropy. Each table seats 10 guests and features a sumptuous three-course dinner curated by top local chefs, along with captivating entertainment and an exclusive auction. All for just £85 per head. We can also offer a limited number of tables for 8, and we can accommodate individual bookings to complete tables.

This year's dinner promises to be a fantastic occasion for networking, where local businesses can connect and build relationships, all while supporting our charitable initiatives. With around 300 attendees expected from the community, it's the perfect chance to entertain clients, celebrate achievements, or simply enjoy a delightful night out among friends and neighbours.

We are excited to announce that Mark Murphy MBE, the well-known radio personality, is our keynote speaker and will give a talk, 'It shouldn't happen to a radio presenter.'

We also encourage our local enterprises to consider our sponsorship packages, which include opportunities such as the drinks reception, table decorations, flowers, and signage—each providing excellent visibility and support for our community efforts.

To reserve your places, feel free to contact us at stedmundsdinner@gmail.com

Join us in making this year's St Edmund's Day Dinner a remarkable success. We look forward to your participation!



THE
St Edmund's Day
DINNER

THE ROTARY CLUB OF BURY ST EDMUNDS ABBEY

**Join us for our third annual
black tie dinner**

In the superb venue of

St Edmundsbury Cathedral
Wednesday 19th November 2025

With guest speaker

MARK MURPHY MBE

It shouldn't happen to a radio presenter !

Celebrate our town's patron saint with an auction & entertainment and great networking opportunities

 stedmundsdinner@gmail.com



BUSINESS LEADERS LUNCH FOUNDERS



Bury Abbey Rotary Club Celebrates success at Suffolk Community Awards

Members of the Bury Abbey Rotary Club were thrilled to attend the Suffolk Community Award ceremony held at The Food Museum in Stowmarket on September 23rd. The evening was a momentous occasion as the club was honoured with the prestigious Event Organiser of the Year award for their outstanding Classic Car Show.

The award, presented by Larking Gower, included a trophy, a certificate, and a £50 prize, recognising the club's dedication and hard work in organising this beloved community event. Throughout the evening, a total of seventeen awards were presented, celebrating the achievements of young people, community members, and volunteers who have made significant contributions to the region.

Mark Murphy MBE served as the compère for the event, engaging the audience with interviews, including a spotlight on Phil Peters, the co-ordinator of the Classic Car Show. This annual event, held in the picturesque grounds of Culford School near Bury St Edmunds, has become a staple in the community, attracting car enthusiasts and families alike.

Now in its 11th year, the Classic Car Show has successfully raised over £200,000 for local charities, making a meaningful impact on the lives of many in the area. This year's recognition marks a significant milestone for the Rotary Club of Bury St Edmunds Abbey, as it is the first time they have received a Suffolk Community Award.



Melanie Lesser, Bury Abbey Rotary Club President



Energy saving grants

www.westsuffolk.gov.uk/energy-efficiency-funding



Did you know that energy inefficient houses raise energy bills by an average of £299 per year?

Discover grants available to West Suffolk residents funded by local authorities, the government, energy suppliers and charities. The support can help improve the energy efficiency of your home, lower your bills, and cut carbon emissions.

Help us to reduce fuel poverty!

Thermal cameras reveal how much heat a house can lose through windows, doors, and outside walls.





Check your eligibility for support

Support available		What is it?	Council Tax band A-D
National			
Great British Insulation Scheme		Government backed support on single insulation measures	✓
Boiler Upgrade Scheme		Grant to replace fossil fuel heating system	
ECO4 – Energy Company Obligation Grants		Grants to implement energy efficient measures	
Warm Homes Discount Scheme		£150 payment to help with high energy bills	
Connected For Warmth		Fully funded heating and energy bill support for electric or oil heated homes	
Keep the Heat		Borrow thermal imaging cameras to assess heat loss	
Warm Homes Suffolk loan		Zero interest loans for energy efficient upgrades	
Warm Homes Suffolk		Heating upgrades for low income homes	
Retrofit Assessment Voucher Scheme		Free or discounted assessment of suitable energy efficiency measures for your home	
Solar Together Suffolk		Group discount on purchasing solar panels	
Suffolk Loft Insulation Offer		50% discount on ecofriendly insulation	
Warm Homes: Local Grant		Financial support for energy efficient home improvements	



ort available to reduce your energy bills!

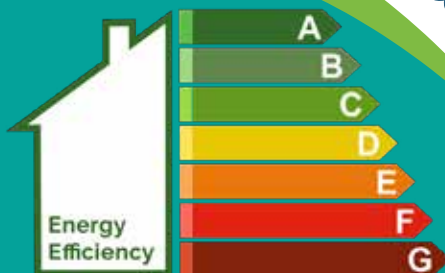


Private tenant	Homeowner	Landlord	Means tested benefits (Universal Credit)	Household income	EPC band
✓	✓	✓	✓	✓ (Under £31,000)	✓ (D-G)
	✓	✓			
✓	✓	✓	✓	✓ (Under £31,000)	✓ (D-G)
✓	✓		✓		
✓	✓	✓	✓	✓ (Under £31,000)	✓ (E-G)
✓	✓				
✓	✓	✓			
✓	✓	✓		✓ (Under £36,000)	✓ (D-G)
	✓				✓ (Below C)
	✓				
	✓				
✓	✓	✓	✓	✓ (Under £36,000)	✓ (D-G)



Energy Performance Certificate

An energy performance certificate (EPC) outlines how energy efficient a property is. Homeowners can make changes to improve their EPC, such as laying loft insulation, adding solar panels and replacing older boilers. This will result in reduced bills, better control of heating and a cosy winter.



<https://www.gov.uk/find-energy-certificate>

Make energy efficient changes to your home!

Fossil fuels (oil, coal and gas) are used in 85% of homes in the UK and are large contributors towards climate change. Reducing consumption of these fuels can improve energy efficiency and reduce energy bills.

Solar panels can be installed to generate a source of renewable electricity using sunlight, avoiding reliance on fossil fuels for electricity.

Heat pumps extract heat from the outside air, or the ground, to provide heat to your home. Air source heat pumps are the most common type of domestic heat pump in the UK and are suitable for most homes.

Loft insulation can cut energy bills by preventing heat from escaping through the loft.

Private renters can access most of these grants by contacting their landlord.

To find out more information and apply for any of these grants, please visit:
www.westsuffolk.gov.uk/energy-efficiency-funding

Fornham Garden Club

In August we visited Tim Freathy's Depden Care Farm where they offer therapeutic placements to adults with learning disabilities, acquired brain injuries and mental health issues. Their stimulating outdoor environment offers a unique blend of activities – including animal care and horticulture, farm maintenance tasks like woodwork, fencing and ditching.

On 9th September the Fornham Garden Club were lucky enough to have a return visit from Chris Wiley who is MD of Sow Successful and is well known for his connection with Bury in Bloom where Chris has switched from bedding plants to perennials as they are longer lived and therefore more sustainable. He is an organic gardener and has been supported in the past by Roy Lancaster and Peter Seabrook and has also won the best new plant 2022, a sweet pea.

Chris informed the meeting that there were many ways of carrying out sustainable gardening such as:

- buying established perennials or bare root plants
- using long flowering plants in baskets and feed them well
- use rain water not mains
- use peat free compost
- swap petrol mowers for electric or solar powered
- no dig gardening - mulch instead; leaf mulch is excellent as good preparation of soil is key
- use biological controls eg. ladybirds, ordering their larvae on line

There are alternative growing materials such as bamboo pots, rubber seed and plug mats and also coir pots. Also it is good to recycle plastic trays and pots for as long as possible and then dispose of them at donation centres. Chris gave advice on buying native and nectar rich plants and there are also low allergy plants for hay fever sufferers that produce less pollen.

There were some other good ideas:

- say no to herbicides, use cardboard to suppress weeds
- use inner rolls from toilet rolls and egg boxes to grow things in
- pull up a paving slab and plant something

- buy fruit and veg in season only, to save air miles
- buy self-watering containers

Chris ended his very informative talk by announcing that Bury St Edmunds had retained its gold status in Anglia in Bloom. Incidentally, did you know that the flower of Suffolk is the Oxlip?

Our next speaker on 14th October is Jude Law talking of A Plantsman's Garden - Fullers Mill.

Anyone interested in information regarding Fornham Garden Club please contact Ian Robertson, Chairman, on **ijfrob@gmail.com** or 07876 644 611.

Most of our meetings are from 7pm on the **second Tuesday of each month at Fornham All Saints Community Centre - come and join us!**

Fornham All Saints Church 101 Club Winners

Recent winners for September listed below;

	1st	2nd	3rd
September	Gloria Davies	Linda Cleveley	Amanda Scott

For more information on how to support the church in this way, contact Elizabeth Gingell on **07311 281775**.

Lark Valley and North Bury Team Memorial Service

This year this service, at which all those whose funerals have been taken across the Lark Valley and North Bury Team during the last year are named, and may have a candle lit in their memory, will take place on **Sunday the 26th October at 3pm** at All Saints Church in Bury St Edmunds.

Help your local NHS and Social Care Services help others by returning equipment.

Local NHS and Social Care Services lose thousands of pounds each year due to missing equipment. All items returned will be assessed, safety tested and either repaired and reused or stripped down for recycling.

Look for equipment label

Contact Medequip to request a free collection:

Call **01473 351805**

Email **suffolk@medequip-uk.com**



What might you have?

- Adjustable walking sticks
- Crutches
- Chair raisers
- Commodes
- Bed levers
- Wheeled adjustable frames
- Perching stools
- Raised toilet seats
- Pressure cushions
- Toilet frames
- Trolleys

If you would prefer to return equipment to Medequip yourself, you can bring it to:

Medequip Ipswich Depot:
Unit 31-33, Bluestem Road
Ransomes Europark
Ipswich
IP3 9RR

Opening hours:
Monday to Friday 8:00am - 6:00pm
Saturday 10:00am - 4:00pm

To find your nearest drop off point, please visit:
mq-uk.com/return-suffolk



Over 90% of returned equipment recycled nationwide.



Keeping people independent



BEETLE DRIVE in the VILLAGE HALL
FUNDRAISING FOR “CHILDREN IN NEED”

WEDNESDAY 22nd OCTOBER 7pm

£7 to include PRIZES & LIGHT REFRESHMENTS. RAFFLE TICKET £1.

Tickets now available – 01284 766909 or lynne.quayle99@btinternet.com



We'd love to hear from you!

Would you like to publish a piece in the Village Voice?
A poem, a short story, an article on something you find
interesting or a hobby you enjoy doing, a community event
or project, a recipe?

Please contact the Editor:

villagevoice@fornhamallsaintsparish.gov.uk

Do you rent your home from a private landlord?

Safe Suffolk Renters is a FREE service that provides advice and support for those living in the East or West Suffolk Council areas.

We can offer FREE help with:

- Damp and mould
- Healthy home checks
- Information about rights and responsibilities including the Renters Rights Bill



Find out more about how we can help.
Get in touch with our team today at
safesuffolkrenters.org



Fornham All Saints WI

August 2025 Members gathered at Denham St Mary Church on an extremely hot afternoon and were welcomed by Churchwarden Paul Stannard, who has also been their organist for over 50 years. Denham church is mentioned in the Domesday Book of 1086 and has been restored by the Victorians. They have the most extraordinary monument standing around twelve feet high with near life-size figures of Sir Edward and Lady Susan Lewkenor and their six children. We walked in the churchyard, admiring the wild flower area with the ancient graves and the tended area of the newer graves. Paul asked if we would like him to play for us, of course we said yes, and we sat in the cool of the ancient church listening to beautiful music. A really wonderful visit.

September 2025 Our own Margaret Muttock entertained us with stories about her time travelling all over the country as a National Athletics Judge. She advised it was imperative to always have effective waterproofs! Also a hat, sunscreen, a whistle, chalk, water, clipboard, stopwatch and a towel for those throwing javelins or discus to dry their hands before throwing. Another necessity was a spirit level for the high jump, tape for competitors to mark the ground for their run up and a 100m tape measure. Margaret demonstrated the horn she blew to alert those around that a throw was about to take place – that certainly woke us all up! We were thoroughly astounded by the huge bag of what really looked like equipment a burglar would use. A hammer with a claw head, viscous looking spike, file, adjustable spanner, callipers and pliers. These were used for weighing and measuring equipment and marking throws. Margaret advised that you have to pass exams to become an athletics judge. She told us that she was the judge when up and coming stars were taking part such as Daley Thompson, Linford Christie, Tessa Sanderson, Fatima Whitbread and Geoff Capes. She was a judge at Stoke Mandeville which was the birthplace of the paralympic movement and also judged cross country events. Margaret was not paid for all the time she spent judging, or travelling, or overnight stays – she was lucky to get expenses! A fascinating talk on a subject none of us knew anything about.

Fornham All Saints WI meets on the second Tuesday of the month at 2.00pm in the village hall. Please call or text Elizabeth 07311 281775 for further information on meetings, as we regularly go on outings.

FAS Volunteering Group

There is an old Chinese proverb that says:.....

“一声咆哮和一声叫喊就能减少狗屎的产生” *

I am pleased to say that this is so true! So thank you to the dog owner(s) who have heeded my polite request and are now picking up. The village is now a much safer place.

To say that it has been a long hot and very dry Summer would be an understatement in any language! From cancelling a session due to temperatures in the mid 30s to having to constantly water new plants, the weather has created a number of difficulties. Despite this, volunteering continued throughout the holidays albeit at a reduced tempo.

The flower beds by the brick bus stop and village sign were prepared and are now fully stocked (thank you Annabel et al). Additions have been made to the beds by the bee bench and the raised beds by the twin roundabouts. The Village Hall planters have also added a wonderful splash of colour to the village canvas (thank you Mary et al).

The good news is that we have a sponsor for the village flower beds. The “Art of the Deal” is alive and well in FAS and Chris Watson of Watsons Plants is now supplying the latest batch of new arrivals.

Chris owns a perennial plant and shrub nursery on the Bury road at Depden and grows all his stock from either seed or plug from UK sources. He is very knowledgeable and happy to advise.

Other tasks have included the ubiquitous litter picking (which now seems to be becoming a village sport: ✓ VG!) and generally attacking weeds and overgrown hedges etc.

A “blue light” job occurred one weekend when a willow branch fell across the Lark Valley Path at the very height for serious head injuries! A quick call out on our WhatsApp group ensured a speedy response and a cleared path within the hour (thank you Justin Chick).

Here's the team enjoying a well earned coffee after the last volunteering session!

As ever - **Thank You** to all of you that help towards keeping the village clean, tidy, and pleasing to the eye. Have a great Autumn and keeeeeeeep volunteering!!



Martin Loveridge

Martin Loveridge, Volunteering Group Leader
07784 225375 | loveridgemartin@yahoo.co.uk

* *"A rant and a shout, cuts the dog-poo about!"*



Community Centre Christmas Quiz

Please put **December 13th** in your diaries for our annual Christmas Quiz, with our brilliant quiz master Mark, it will again be fun, there will be a raffle, bring your own nibbles and drink.

MORE DETAILS TO FOLLOW SOON



Friends Of The Village Hall News

Fornham Footers Our August walk was going to be around Lackford Lakes. We left Fornham in the dry but by the time we arrived at the Visitor Centre it was raining quite heavily, so we had coffee hoping that the rain would stop, but it continued raining so the walk was abandoned for the day.

September, we split into two groups, one group wanting only a short walk in Nowton Park, whereas the more adventurous went out into the countryside from there for a 4 mile walk. We all joined together for lunch at the Rushbrooke Arms.



Next walks are on Fridays, 3rd Oct, 31st Oct (for Nov which will be our local walk for Children in Need and shared lunch) and 5th Dec.

Mahjong We meet twice a month, with usually 12 or more members, there is always plenty of chat and laughter. Come along to one of our sessions and learn how to play. £2 table money inc. refreshments.

Next games Mondays at 9.30am on 13th & 27th Oct and 10th & 24th Nov. Please contact either Lynne 766909 or Mary 763701.

Film Club (4th Tuesday of the month but not August or December)
WE NEED MORE FILM CLUB MEMBERS!

August saw us watching Tora, Tora, Tora about the bombing of Pearl Harbour and how the USA entered the Second World War.

In September, a small number of members watched a black and white film, one of the first "Carry On" films... "Carry on Nurse" which featured all the usual cast.

Next film nights are at 7.30pm on Tuesdays 28th Oct & 25th Nov.

Traveller's Tales Paul gave us an excellent slide show about when they lived in Salisbury (now Harare) Rhodesia in the mid 1970's. Slides were also shown of holidays in Kariba and Beira. Our next meeting is in January, details in the next Village Voice.

Do you have any interesting holidays which you would like to share with the group?

Board & Card Games The members have agreed to meet once a month throughout the year. Each meeting the players decide which game, new or old that they would like to play. Chess and Bridge members are welcome to come along. £2 table money inc. refreshments.

Our next Wednesday afternoons from 2pm to 4pm are 15th Oct, & 19th Nov.

Fornham Hackers! The next round will be on Wednesday 1st October, which will be the deciding game for who wins the cup for 2025.

Charlie Haylock. Tickets are all sold now but names can be added to a waiting list.

**Historic House
visit – Layer
Marney Tower**

Nine members visited on an “invitation to view” day, when we were given an excellent talk by the lady of the house on its history and the people who had lived there. We also had a conducted tour of the house including parts not open to the general public.



Line Dancing – NEW GROUP Fifteen people came along to our first meeting, six of whom were not members. We followed two YouTube lessons. The line dancing was fun with many having two left feet and facing the wrong direction at the turns. Hoots of laughter and the promise to do better next time! With the size of the hall, it was decided that 16 would be the maximum number to comfortably fit in the hall. A few places are available. £2 for members, £3 for non-members.

Our next Wednesday afternoons from 4.30pm to 5.30pm are 15th Oct & 19th Nov. Follows on from Board & Card Games.

Local History – NEW GROUP Please let me know if you would be interested in joining this group, where we will be exploring the history of Bury St Edmunds and its environs. This group will probably start in the New Year if enough people are interested. Please contact Lynne, details below.

CHILDREN IN NEED For the last few years, we have supported Children in Need, last year we raised £403. We shall be holding a BEETLE DRIVE (advert elsewhere in the magazine). Raffle tickets £1. All profit going towards the charity. Prizes bought by the club. Tickets including light refreshments, £7, are now available. Please contact Lynne, details in the advert. They are not being sold at the door.

WALK & SHARED LUNCH – Friday 31st October A local walk starting and finishing at the Village Hall where we will share our lunch. Hopefully you will be able to give a donation to the charity. Please contact me for further details.

I always welcome ideas for new groups connected to the “Friends”, Please contact Lynne **766909** or **lynne.quayle99@btinternet.com**

Our new subscription year is £10 a year from May to belong to the “friends” + other club subs.

Visit our web page to find out what we’ve watched and where we’ve been.

www.fornhamallsaintsparish.gov.uk/organisations/friends-of-the-village-hall/

Black Bean Soup with Salsa

by Pigeon Cottage Kitchen

Black soup doesn't sound like it will look very appetising but trust me, this is one of the most delicious soups I've tasted in a while. It's a Mexican-inspired recipe with a spot of Tabasco heat but what really makes it is the fresh salsa topping of lime-infused onion, chilli, coriander, tomato and extra-virgin olive oil.

Serves 4...

- 250g black beans, soaked overnight in plenty of cold water
- 3 slices of streaky bacon, finely chopped into lardons (leave out if you're a vegetarian but it does taste better with the bacon)
- 1 onion, peeled and sliced
- 2 medium carrots, chopped
- 1 stick of celery, chopped
- 1 large clove of garlic, crushed
- 1 teaspoon of cumin seeds, roasted and finely ground
- 1.2 litres of chicken or vegetable stock
- 1 teaspoon of Tabasco
- 15g fresh coriander, stalks for the soup, the rest for the salsa
- 2 tablespoons of olive oil
- 1 lime
- 2 tomatoes, chopped into small pieces
- 1 small red onion, peeled and sliced
- 1 green chilli, seeds removed, finely chopped
- 1 dessertspoon of extra-virgin olive oil
- Salt and freshly ground black pepper

To make...

- Heat the oil in a large saucepan, add the bacon and cook for about 5 minutes. Add the onion, garlic, celery, carrot and coriander stalks and cook on a gentle heat for another 10 minutes.
- Drain the beans and add to the pan with the stock, roasted cumin and tabasco. Bring to a gentle simmer and cook at this low heat for about an hour and a half with the lid on.
- Make the salsa for later. In a medium-sized bowl, add the sliced red onion, the juice of half a lime, the chopped tomato, coriander, extra-virgin olive oil and chilli. Mix thoroughly and set aside. Add a pinch of salt and pepper. The lime should mellow out the raw onion.
- Once the beans are soft and cooked through, whizz with a hand blender until smooth. Season and return to a gentle heat.
- Serve the soup in warm bowls, top with a spoonful of the salsa.

Share, follow, like, enjoy! To get the latest #TheFridayRecipe from the Pigeon Cottage Kitchen, simply add your email address to the subscribe box at the top right-hand column of the website **www.pigeoncottage.com** Follow on Instagram at Pigeon Cottage Kitchen or the Pigeon Cottage Kitchen page on Facebook.

connecting **Communities**

rural transport



What is Connecting Communities?

Connecting Communities is for people traveling around Suffolk that don't have access to a regular bus or train service.

What could it be used for?

Social, appointments, study, shopping, work (you can book multiple return journeys in advance)

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Clean, comfortable and well maintained vehicles

Community Centre Diary

Activity	Date	Times
Upholstery Club Cindy - 07969 863616	Every Monday	9:00am to 3:00pm
Table Tennis Club Martin - 07784 225375	Monday nights	7:00pm to 9:00pm
Pilates Sarah: 07791 330924	Every Tuesday	10:00am to 11:00am
Garden Club Ian: 07876 644611	Every 2nd Tuesday in month	7:00pm for 7:30pm start
Computer Club	Every 3rd Tuesday in month	2:00pm to 4:00pm
iPad Club	Every 4th Tuesday in month	2:00pm to 4:00pm
Bowls Chris: 07467 030352	Every Wednesday	7:00pm to 9:00pm
Exercise Caroline: 07528 927572	Every Thursday	9:30am to 11:00am
Stars Stitch & Textile Teresa: 07946 523282	Every 1st and 3rd Thursday in month	10:00am to 4:00pm
Drumming Moir: 07949 253917	Thursday nights	7:00pm to 8:30pm
Out of the Fold (Textiles) Tereasa: 07968 312680	Every 2nd and 4th Friday in month	contact for times



Is your group represented in the Village Voice?

We want to know what's happening in the village, so if you want your group or organisation to be featured in this magazine, then please get in touch with the Editor for more information:

villagevoice@fornhamallsaintsparish.gov.uk

DID
YOU KNOW
THAT THERE'S
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FROM WEST SUFFOLK
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BUDGET FOR
COMMUNITY
GROUPS?

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ARE PART OF A
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IN THE VILLAGE
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ELIGIBLE FOR A
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WOULD YOU, OR SOMEBODY YOU KNOW LIKE TO PLACE AN ADVERT IN THE VILLAGE VOICE?

The Village Voice magazine is delivered to over 350 properties in the village every two months.

The cost of advertising for 2025/26 year will be;

Full A5 page - £90

Half page - £54

To discuss you advertising requirements, please contact villagevoice@fornhamallsaintsparish.gov.uk



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THREE KINGS

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Make it extra special with our Festive Stay Package - arrive on Christmas Eve to a warm welcome, afternoon tea and a delicious evening meal; enjoy a hearty breakfast, four-course festive lunch and light buffet on Christmas Day, and a final breakfast on Boxing Day before a relaxed check-out.

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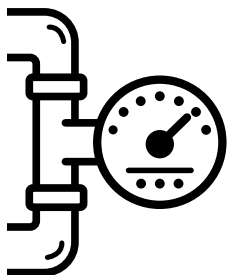
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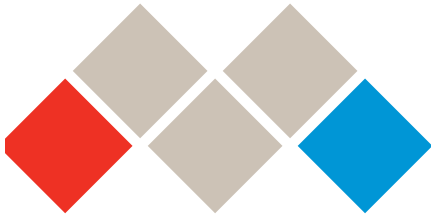
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Local Services & Useful Contacts

Organisation	Details	Phone No.	Comments
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Cemetery	FAS Cemetery Trustees	01284 705029	P Elmes
Councils	West Suffolk Council www.westsuffolk.gov.uk	01284 763233	
	Suffolk County Council www.suffolk.gov.uk	0345 606 6067	
	Parish Council www.fornhamallsaintsparish.gov.uk		Justin Hook
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Gas	British Gas www.britishgas.co.uk	0800 111 999	Report Leaks
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	FAS Village Hall paulpurnell44@talktalk.net	01284 763701	
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